

École Porter Street Elementary
A Learning Community

NEWSLETTER

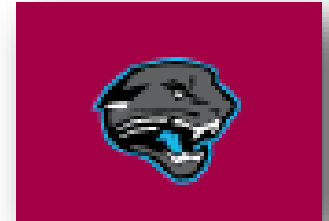
Thursday, March 22, 2018

*"Take care of yourself, take care of each other,
 take care of this place. Together we are better."*

MISSION STATEMENT

The mission at Porter Street Elementary is to create a caring, respectful community of learners.

The school community is focused on creating a socially responsible school climate to enhance student learning.



T: 604.936.4296
 F: 604.936.8593
www.sd43.bc.ca/porter
porterstreet@sd43.bc.ca
 728 Porter Street, Coquitlam, BC,
 V3J 5B4

**Wishing all of our Porter Families
 a wonderful, restful and safe Spring Break!**



School re-opens on Tuesday, April 3, 2018!

EXTRA-CURRICULAR PROGRAMS FOR SPRING 2018

Register online at: www.dowhatuluv.ca/porter

This link will VERY SOON be live; stay tuned for another email

Monday	Tuesday	Wednesdays	Thursdays	Friday
<p>Brickz4Kids</p> <ul style="list-style-type: none"> 3:00 – 4:00 pm (PAC Room) Apr 16, 23, 30; May 7, 14, 28; June 4, 11 Pro-D/Holiday: May 21 (Victoria Day) 	<p>Moresports</p> <ul style="list-style-type: none"> 3:00 – 4:30 pm (GYM) 8 Sessions: TBA <p>Lasermaster</p> <ul style="list-style-type: none"> 3:00 – 4:30 pm (PAC Room) 8 Sessions: Apr 17, 24; May 1, 8, 15, 22, 29; June 	<p>Theatrix</p> <ul style="list-style-type: none"> 12:05 - 12:50 pm (Gym) Apr 18, 25; May 2, 9, 16, 23 <p>places des arts (Hip Hop & Breakdance)</p> <ul style="list-style-type: none"> 3:00 – 4:00 pm (PAC Room) 8 sessions: Apr 11, 18, 25; May 2, 9, 16, 23, 30 <p>Young Performers Workshop</p> <ul style="list-style-type: none"> 3:00 – 4:15 pm (Music Room; Room 19) 8 sessions: Apr 18, 25; May 2, 9, 16, 23, 30; June 6 	<p>Theatrix</p> <ul style="list-style-type: none"> 12:05 - 12:50 pm (Gym) Apr 19, 26; May 3, 10, 17, 24 <p>LEGO Serious Play</p> <ul style="list-style-type: none"> 3:00 - 4:30 pm (PAC) 8 sessions: Apr 19, 26; May 3, 10, 17, 24, 31; June 7 <p>Mpower Your Inner Ninja</p> <ul style="list-style-type: none"> 3:00 - 4:30 pm (Gym) 8 sessions: Apr 19, 26; May 3, 10, 17, 24, 31; June 7 	<p>Mad Science</p> <ul style="list-style-type: none"> 3:00 – 4:00 pm (PAC Room) 8 Sessions: Apr 13, 27; May 4, 11, 25; June 1, 8, 15 Pro-D/Holiday: Apr 20, May 18

Porter Spring 2018 Extra-Curricular Programs

I would like to extend a very special thank you to Tong Guan for all of his time, efforts, passion and care in helping us offer these programs to our students. Tong is the Founder and Executive Director of the Do What U Luv Foundation.

Their mission is:

"Our mission is to bring creative programs and outlets to schools and provide more opportunities for youth, to explore their talents and uncover their potential" - www.dowhatuluv.ca

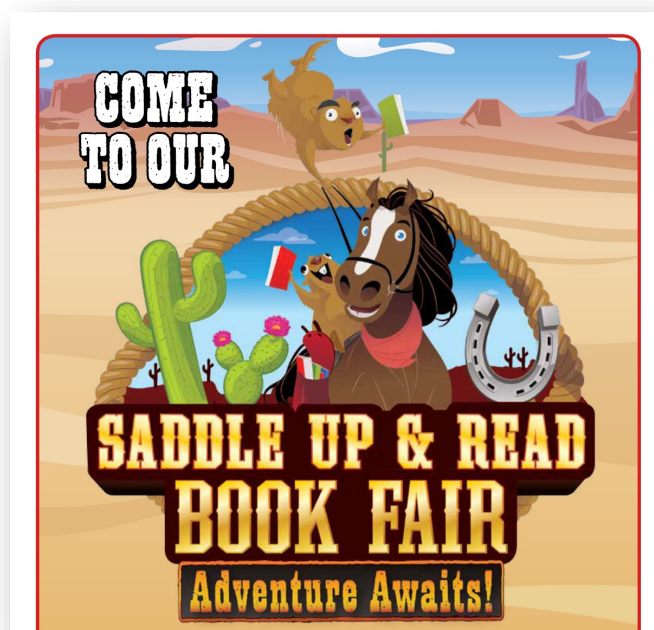
BOOKFAIR A HUGE SUCCESS!

Are you ready for the grand total?!

We had sales of **\$4352.40** at the book fair!!

As a result of us having surpassed our sales goal of \$3,500 Mr. Passaglia was dressed up as a cowboy for the entire day on Friday, April 6, 2018.

A HUGE thank you goes out to our Book Fair Parent Volunteer Coordinators, Melissa Slack and Christina Debruyne, and their amazing team of parent and student volunteers!



Porter Spring 2018 Extra-Curricular Programs

Place des Arts

we inspire the artist in everyone!

in partnership with SD43



AFTER SCHOOL!

HIP HOP & BREAKDANCE at Ecolé Porter Street Elementary

Grades 1 to 5

In this high-energy, age-appropriate dance class, you'll learn fun hip-hop and breakdance moves danced to some of your favourite music. Show off your moves to family and friends on the last day of class. All levels welcome.

Classes are held in the Gym at Ecolé Porter Street Elementary.

Instructor: Ashley Binette

Course #22051 • WED • Apr 11 - May 30
• 3:00 - 4:00 PM • \$99/student



Two ways to register: 604.664.1636 | 1120 Brunette Ave., Coquitlam



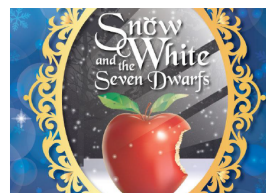
LUNCHBOX THEATRE

PRESENTS:

Sing, dance and learn theatrical skills in a mini-musical production

This is a PAC Fundraiser for Porter. Grades 1 to 5.

Price includes all materials.



The class can accommodate a maximum of 30 students

Please note:

Registration link:

opens Feb 28 at 7 pm. closes March 5 at 7 pm

APRIL 18th - MAY 24th, 2018

WEDNESDAYS and THURSDAYS from 12:00 to 12:40 pm in the gym.

*The final class is a performance for family and the school on **MAY 24 at 11 a.m.**

Fee per student: \$79

TO REGISTER AND PAY FEES: <http://www.theatixyouththeatre.com>

SOME HELPFUL HINTS TO SUCCESSFULLY REGISTER ONLINE:

1. Create an account THE DAY BEFORE your school's registration link goes live.
2. **You MUST fill out the registration form before trying to pay.** If more than 30 registrants are received, a computer generated list will determine who will be in the class.
3. Make sure you sign up under the correct school and only once! Each child must be registered separately.
4. Payment options: credit card; PayPal; e-transfer

PLEASE NOTE: By registering for this program, your child is now considered a Theatix member. The following policies are attached to this program. While directors take reasonable steps to prevent injuries to students, some degree of risk is inherent in the nature of activities, and may occur without fault on the part of the student, school board, its employees or agents, or the facility where the activity is taking place. By allowing your child to participate in this activity, you are agreeing that the activity described above is suitable for your child, and that there is a risk of injury associated with the activity. *** This is not a theatre production, but a work in progress, and the primary objective is to introduce the students to the performing arts in a safe and fun environment! *** fun environment! ***

School District 43

2018



Free Ready, Set, Learn Event for Families & their 3-5 Year Olds

Children will participate in a variety of play-based learning activities, listen to stories and receive a gift for attending. Parents will be able to learn and play with their child as well as meet with early childhood education experts and local community agencies. Adding even more fun to the festivities, enjoy an award-winning show by children's entertainer Will Stroet. Morning shows will be at 10am and afternoon shows will be at 1:30pm.

Drop into any one of the following events. It's all free!

Morning Events:

- Monday, March 5**
9:00-11:00
James Park Elementary
- Tuesday, March 6**
9:00-11:00
Seaview Elementary
- Monday, March 12**
9:00-11:00
Leigh Elementary
- Tuesday, March 13**
9:00-11:00
Central Elementary



Afternoon Events:

- Monday, March 5**
12:30-2:30
Roy Stibbs Elementary
- Tuesday, March 6**
12:30-2:30
Walton Elementary
- Tuesday, March 13**
12:30-2:30
Rochester Elementary



The Ready, Set, Learn initiative, sponsored by the B.C. Ministry of Education provides families with an opportunity to make positive connections with the school system and local community agencies.

Crayola Colorcycle Program

Our class, along with Mme Howell's grade 2 class (our buddies), has once again taken on the responsibility of the Crayola ColourCycle Program at Porter. This is a wonderful program that keeps so many felts out of our landfills! Please see below for more information:

<http://www.crayola.com/colorcycle.aspx>

Last week, our students helped to test felts and markers in preparation for sending a box to Crayola. We found that many of the felts were still good, so students were allowed to keep a few of the "good ones" to take home as a treat.

We are hoping to plan a small presentation for an upcoming assembly, explaining our involvement in the program and promoting the 3 Rs – Reduce, Reuse, and Recycle. We will let you know when this will be if you wish to come and watch!



Parenting Wisely Course



Parenting Wisely is a free course about managing the behaviour of elementary school children. Topics include waiting patiently until conversations or phone calls are over, morning and bedtime routines, cooperating with friends and siblings, behaving in public and schoolwork challenges. Two Parenting Wisely courses are being presented by Stan Simister and Porter Street Elementary School.

One course starts **Tuesday April 17, 2018, from 9:30am to 11:30am**. This course will run for 7 consecutive Tuesdays and ends on May 29, 2018. A second course starts **Wednesday April 18, 2018, from 9:30am to 11:30am**. This course will run for 7 consecutive Wednesdays and ends on May 30, 2018.

Both courses will be held at **Porter Street Elementary School, 728 Porter St., Coquitlam**. You need to attend the first class to take either course. **Please register with the school office, between Tuesday April 3, 2018 and Friday April 13, 2018, at telephone # 604-936-4296**. If you are unable to attend the first class you will not be able to take these courses, but you are welcome to register for the Parenting Wisely courses that will be offered again in October of 2018.

Please sign in with the school office prior to going to the multipurpose room to attend the course. Participants with children under age 5 will need to make their own child minding arrangements.



**Welcome to Summer
2018**

**Please visit our website for details:
www.summerlearningcoquitlam.ca
Phone: 604-936-4261**



Looking for summer activities for your child?

Engaging academic and enrichment opportunities await your child this summer! All courses are taught by fully qualified teachers in a safe and friendly school environment.

**Elementary Summer School
Starts July 10-27 9am-12pm**

Courses:

K to 1 transition, Fine arts, French Immersion, Integrated studies, Montessori, Math, Reading & Writing, Coding (Info tech), Science - Outdoor focus and more!

**Online Registration opens
6am on:**

Friday April 27th for Elementary

Tuesday May 1st for Middle

What do you do next?

- Visit our website
- Returning students need to update their accounts BEFORE registering for courses
- New students to summer learning need to create an account BEFORE registering to courses. You will need your child's PEN number, which is available at their home school

**11 Elementary and Middle
School locations throughout
Tri-Cities!
Tuition free for BC Residents**

*Tuition fee for International
students only.*



**Middle Summer School
Starts July 10-27 8:45am - 11:45am**

Courses:

Art, Band, Guitar, Creative writing, Drama, Home Ec/Culinary, Integrated studies, Language Art, Mathematics, Montessori, PE/Leadership, Coding (Info Tech), Science Grade 6/7 (Ecology/Outdoor focus), Tech Ed.



@SummerLrngCoq



Raising Digitally Responsible Youth



April 10th, 7pm
Centennial School Theatre
570 Poirier St. Coquitlam BC

For Parents of School-Aged Children
(Please park on the North side of school off Winslow Ave)

With society heading in a direction of being constantly connected to technology, what do we need to know as parents to protect our kids and teach them responsible and appropriate use of technology? The parameters of rules and expectations that you put in place at home will undoubtedly guide their behaviour in the years to come. Please join us for an informative presentation which will cover the following topics and more! **PARENTS: Do not miss this free event!**

- **Social Media Update** – The most current apps & trends in their social media lives
- **Pick Your Battles!** – You will have to balance the yin with the yang, promote independence whilst taking a strong stance on certain subjects
- **Current Research** – Brain development & technology, violent video games
- **Digital Footprint and Reputation** – With their future approaching, recruiters and employers are taking note – what will they find?
- **Tips & Tricks to Use at Home**

Register for free using your SchoolCashOnline account to reserve your seat! Only 230 seats available!

Go to: <https://sd43.schoolcashonline.com/>



SAFER SCHOOLS TOGETHER - an organization focused on promoting a climate and culture of safety in schools through comprehensive education - www.saferschoolstogether.com



WORKSHOP FOR PARENTS:

Kim Barthel "Becoming a Behavioural Detective: Sensory, Mental Health, Trauma & Resiliency"

FamilySmart® is excited to bring to you this amazing speaker for our combined "Empowering Parents/Fraser Forum" 2018 Event. This event is open to parents and caregivers throughout the Fraser Region whose children or youth struggle with mental health challenges.

Date: Saturday April 7, 2018

Time: 12:15 pm - 4:15 pm; light lunch served

Location: Port Coquitlam, BC (address given with registration; venue has free parking, is wheelchair accessible, and is close to transit)

Cost: Free

Audience: Parents & Caregivers whose children/youth experience mental health challenges (opening to mental health service providers March 16)

***childcare is not available, and is event is not suited to children or youth*

Registration link: <https://2018fraserforum.eventbrite.ca>

WORKSHOP DETAILS:

"Becoming a Behavioural Detective: Sensory, Mental Health, Trauma and Resilience"

In this workshop, Kim Barthel (OTR) will share how, as a parent, becoming a "behavioural detective" helps us to better understand what's going on behind the scenes for our kids. Many things impact behaviour that aren't always front of mind: the sensory system, trauma history (even multi-generational), developmental disabilities, attachment strategies... Understanding these impacts, and how we can be more attuned to our kids who are living with mental health challenges, plays a significant role in how we can help and connect more with our kids. Viewed through the lens that all behaviour is a way of coping, Kim will discuss strategies to adapt the environment, focus on relationship, provide appropriate supports and help foster greater resiliency. The art of becoming a good behavioural detective – working to understand why our kids do what they do - involves not only *what* you do, but *how* you do it. Come to this free workshop to learn more.

BIO:

Kim Barthel, OTR is a mental health occupational therapist and co-author of the book "Conversations with a Rattlesnake". Kim has a gift of taking complex information like neurobiology, attachment, developmental disorders and healing and making it easy to relate to and understand. Theo Fleury calls her "the Wayne Gretzky of Therapy and probably the best speaker I've ever heard". She is passionate about this topic because of the impact this information has on creating change.

You can learn more about Kim by clicking [HERE](#).



KIM BARTHEL BMR, OTR

This is a free event for families of children and youth who experience mental health challenges.

**Moira Hazlehurst & Marlis McRobie- Parents in Residence; Tri-Cities
Institute of Families for Child & Youth Mental Health**



Pancake Breakfast a **HUGE and DELICIOUS success!**

Congratulations to our amazing Porter PAC and School community for hosting an absolutely wonderful, delicious and fun FREE Pancake Breakfast on the morning of Friday, March 9, 2018.

Special thanks goes to Porter parent and Pancake Breakfast Coordinator, Hitomi Nunotani and her team of volunteer parents for all oof their time, effort, dedication and energy is organizing and hosting this event!

We would like to thank the Coquitlam Optimists' Club for cooking the breakfast and donating, back to our school, \$200!

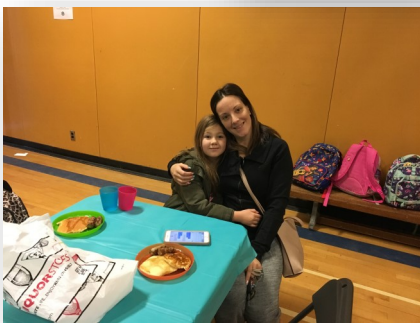
We would, also, like to thank both Starbucks and Tim Hortons for their donation of hot chocolate and coffee!



Pancake Breakfast



Pancake Breakfast a **HUGE** and **DELICIOUS** success!



Basketball Season comes to an end...

Congratulations to our Grade 5 Girls and Boys Basketball Teams who completed their league play against neighbouring elementary schools by hosting and playing in our 4th Annual Porter Basketball Jamboree, held at Dr. Charles Best Secondary.

Both our Basketball League and Jamboree has 10 schools each with a Grade 5 Girls' Team and a Grade 5 Boys' Team for a total of 20 teams and approximately 300 players!

Throughout the entire season as well as in our Jamboree our student-athletes displayed outstanding skill and fair-play.

We are extremely proud of our both teams!



And the 2018 PHL Cup goes to... ...the Ottawa Senators!!

Congratulations to the Ottawa Senators who are this year's 2018 Porter Hockey League (PHL) Champions!

After more than 50 games in our 6-team Canadian Grade 4/5 PHL Floor Hockey Tournament the Ottawa Senators finished first in the league. The Senators went on to win their best-of-three semi-final and advanced to the PHL best-of-three final where they won the PHL Cup!

The team members include:



Ottawa Senators

Aidan Holt

Emil Loberg

Harry Won

Jude Hemphill

Kiefer O'Reilly

Maverick Wu

Riley Fraser



Photo Corner

Porter Student Leadership Team's Hot Chocolate Fundraiser

Held on Wed Feb 7, 2018

Our fabulous leadership team made \$386.20

Thanks for all of your support!



Photo Corner

Irish Dancing Comes to Porter
Held on Wed Mar 14, 2018

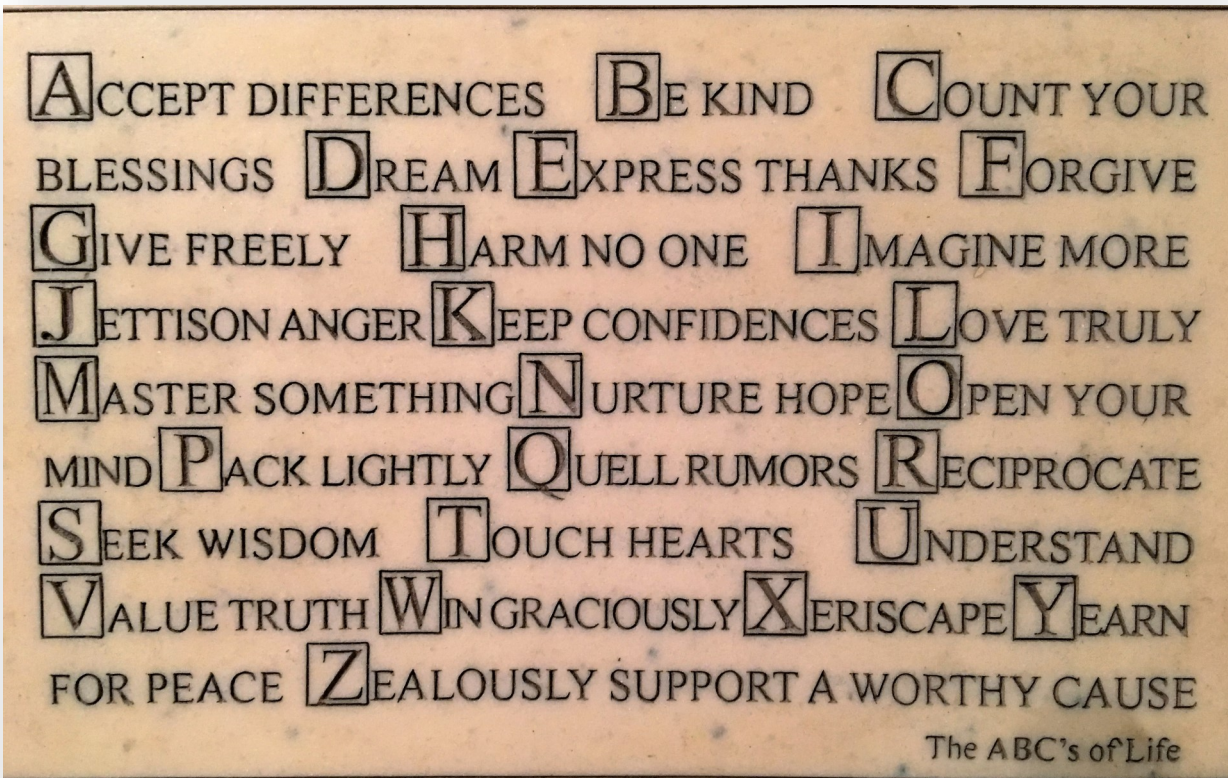


Photo Corner

Poetry Café - held on Thurs Feb 8, 2018

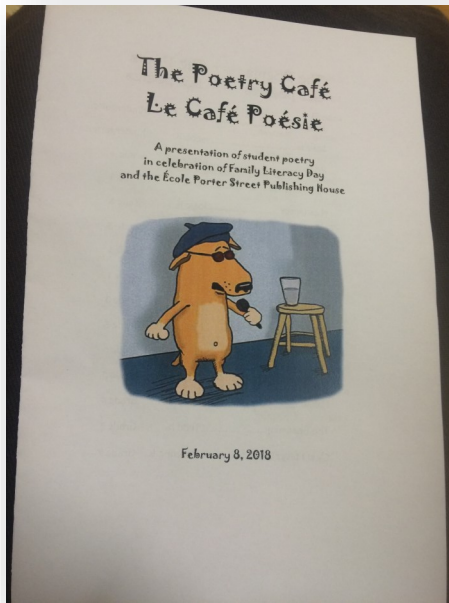


Photo Corner

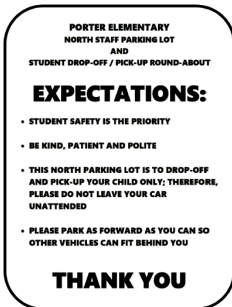
Poetry Café - held on Thurs Feb 8, 2018



REMINDERS: Traffic, Parking and Pick-up/Drop-off NEW SIGNAGE INSTALLED AT BOTH OUR NORTH AND SOUTH STAFF PARKING LOTS

Although we continue to remind our school community about our traffic, parking and pick-up and drop-off concerns the following infractions were observed during the month of December 2017:

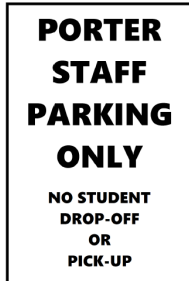
FOR OUR NORTH PARKING LOT



- speeding along Porter
- driving through the crosswalks along Porter when there are children and families waiting to cross
- Porter parents making U-turns right in front of the school
- double parking
- parking in neighbours' driveways
- if you witness a violation, call the RCMP immediately when the violation is occurring; this way the RCMP or the City of Coquitlam Bylaws Department can be dispatched and, hopefully, catch the driver committing the offence and can either educate them or issue violation tickets; in addition, the driver will know what the infraction was at the time of the offence, rather than us showing up days later to warn them.

I have requested, yet again, random, checks and monitoring by our local RCMP and City of Coquitlam Bylaws Department

FOR OUR SOUTH PARKING LOT



REMINDERS:

- If you are a parent/guardian dropping off and/or picking up their children in our SOUTH PARKING LOT – PLEASE DO NOT as this parking lot is for Porter and District Staff only (8:00 am – 5:00 pm)
- Our NORTH PARKING LOT has a **drop-off and pick-up lane**; this is the lane adjacent to the yellow-painted curb-blocks; **PLEASE DO NOT LEAVE YOUR CAR WHILE DROPPING-OFF OR PICKING UP YOUR CHILD** – you MUST remain in your car





DOGS ON PORTER SCHOOL PROPERTY

Dog feces can transmit disease – PLEASE CLEAN UP AFTER YOUR DOG!

Please remember and be mindful that some of our students and adults are scared of dogs; that not all of our school community members are comfortable with dogs – PLEASE

KEEP YOUR DOG ON A LEASH AND IN CONTROL AT ALL TIMES!

EVEN LOUD DOG-BARKING CAN SCARE SOME STUDENTS AND ADULTS – if you own such a vocal dog please keep your dog a safe distance from our students, undercover areas, especially our adventure play areas.

While it is difficult for school staff to supervise school property usage during the evenings and weekends, the City of Coquitlam Bylaw Office has been contacted to help monitor school grounds during these times.

The staff at Porter Elementary School will continue to work hard to ensure a safe and caring school environment.

Through the combined efforts of SD43 Coquitlam and the City of Coquitlam a pilot dog signage program was implemented at both Parkland Elementary and Porter Elementary Schools last Spring 2017.

NEW DOG SIGNAGE installed last Spring 2017

The purpose of the signage is meant to articulate and clarify both City of Coquitlam Animal Care and Control Bylaw and SD43 Coquitlam and City of Coquitlam expectations with respect to dogs on school grounds during school hours and after school hours.

The signage was installed on our perimeter fencing along both MacIntosh St and Grover Ave. In addition, we had signage put up along several points at the front of our school along Porter St.

Students/Children Play Here

NO DOGS ALLOWED on school district property during school days from 8:00 a.m. to 5:00 p.m. with the exception of:

- Assistance dogs.
- Dogs with a parent/guardian during student drop-off and pick-up.

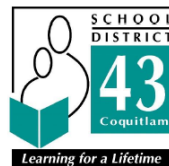
AT ALL TIMES, ALL DOGS ON SCHOOL PROPERTY MUST BE:

- Licensed.
- Cleaned up after and have their waste removed.
- Leashed and under adult control.*
- Kept away from buildings, entrances and play areas.*

* Assistance dogs exempt.



Thank you for following these rules and supporting a respectful environment.



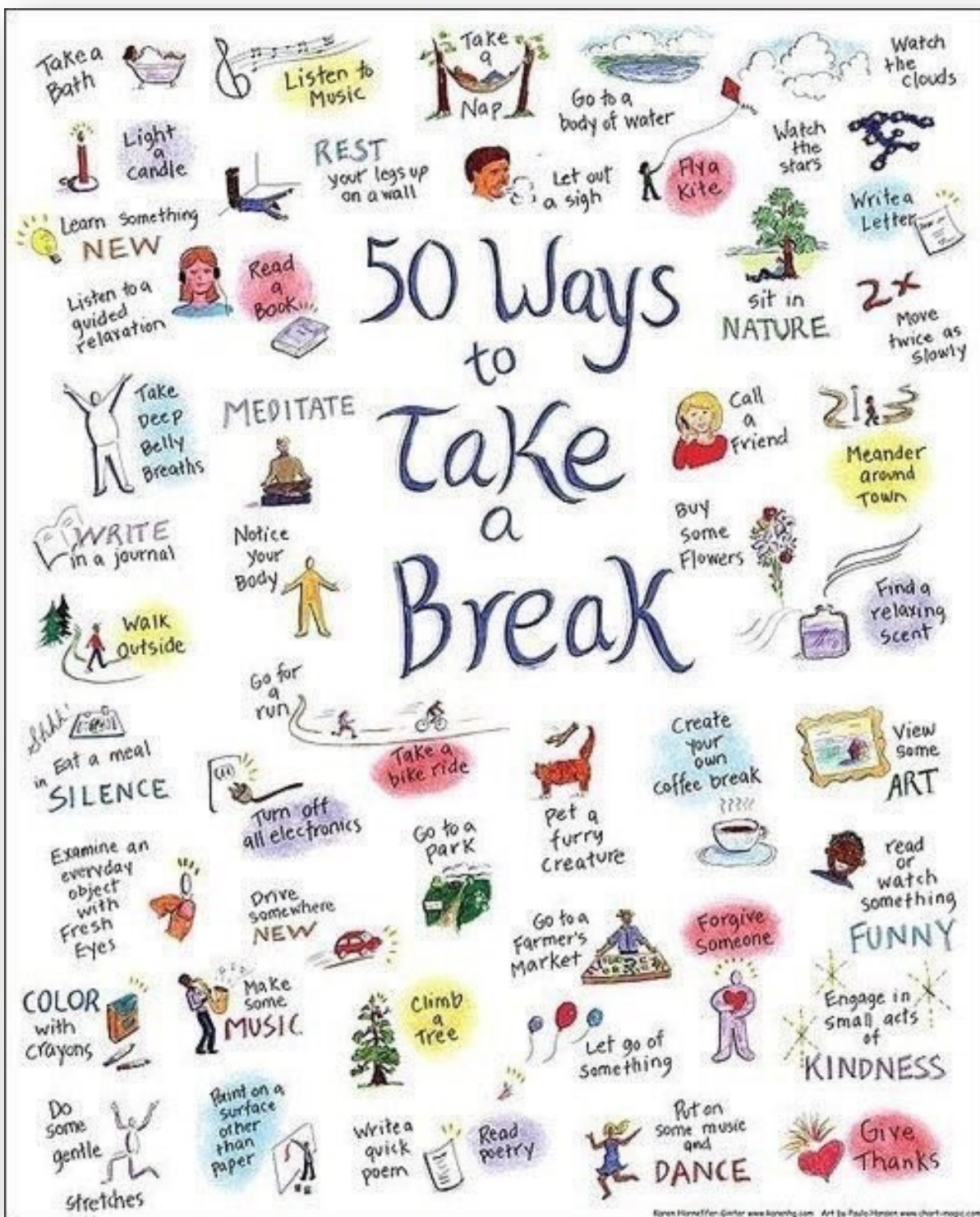
Individuals must adhere to City of Coquitlam Animal Care and Control Bylaw 4240, 2011 Section 10.7

Every owner of an animal, other than a special needs assistance animal, while in a public place must obey all posted signs that apply to that animal, including, without limitation, all signs restricting or prohibiting entry by dogs onto private property.

Failure to adhere to posted signs could result in fines.

Wed Jan 31, 2018 was *Mental Health Awareness Day* across Canada.

I thought you might appreciate this...



Parents as Partners in Prevention

Preventing, Understanding and Responding to Youth Substance-Use

School District No. 43 (Coquitlam) presents *Parents as Partners in Prevention*, information sessions which are open to all parents. While school-based professionals continue to provide substance-use prevention support for students, effective prevention strategies require partnership between school, home and prevention support services.



To that end, we strongly encourage you to attend one of these informative sessions to provide you with strategies to help your child/youth make healthy and safe choices. For more information please contact your school administrator or school counselor.

These information sessions are designed for an adult audience, and are not intended for children.

HIGHLIGHTS

- The substances of choice: What are they? What are their risks?
- Understanding and responding to "First-use" risks as youth transition to secondary school.
- Parental influence: How to support safe and healthy choices for youth.
- How to recognize and respond to a "drug-curious" youth.
- How to recognize and respond to a youth who may be "Drug-Active."
- Social Media: Where are children and youth getting their information?

PRESENTATION DATES

Heritage Woods Secondary	Wednesday, February 15, 2017 at 7 p.m.
Riverside Secondary	Tuesday, February 21, 2017 at 7 p.m.
Centennial Secondary	Wednesday, February 22, 2017 at 7 p.m.
Port Moody Secondary	Thursday, February 23, 2017 at 7 p.m.
Dr. Charles Best Secondary	Tuesday, April 4, 2017 at 7 p.m.
Terry Fox Secondary	Wednesday, April 5, 2017 at 7 p.m.
Gleneagle Secondary	Wednesday, April 19, 2017 at 7 p.m.

PRESENTERS

Robb McGirr is an addictions counselor at Front-Line Prevention Services specializing in school-based prevention and early intervention. He is a consultant for the school district working under the direction of the district's student wellness and safety portfolio. Robb has a long history with both our schools and community having worked as a Port Moody police officer for 20 years, and a youth substance-use prevention specialist for the last 11 years.

SHARE Family & Community Services is a non-profit agency that provides a wide variety of programs and services in the community. SHARE is the primary resource for substance use prevention and intervention in the Tri-Cities, Belcarra and Anmore. There are two health promotion facilitators that have many years of experience. They provide evidence-based, leading edge prevention programs in the schools throughout the year. The SHARE youth substance use program also have clinical counsellors who provide free individual counselling services for youth aged 12 to 24.



To learn more visit: www.sd43.bc.ca

PINK SHIRT DAY / ANTI-BULLYING DAY

Thank you to everyone who placed an order with us at Terry Fox Secondary!

Our District had close to 70 schools order and we were able to raise over \$10,000 for Kidsport Charity 😊



NEW LOST & FOUND AREA:

- Located just outside north doors leading to gym
- On hangers for easier viewing
- Water bottles, gloves, hats on top shelf
- Shoes and boots found on floor



Principal

Mr. D. Passaglia
604-936-4296
dpassaglia@sd43.bc.ca

Secretary

Mrs. Kathy Sather
604-936-4296
ksather@sd43.bc.ca

Assistant Superintendent

Mr. Carey Chute
604-939-9201
cchute@sd43.bc.ca

Liaison Trustee

Ms. Lisa Park
Phone: 604-790-9406
lpark@sd43.bc.ca

Kid-Friendly Version of our Porter School Code of Conduct

Our Kid-Friendly version of our Porter School Code of Conduct is found in your child's student planner. Please review with your child or children. Involving your children in a discussion at home would certainly make it more of a living document and would help to reinforce common language and expectations. Your time, efforts and support are greatly appreciated.

École Porter Street Elementary Code of Conduct

Our **school motto** is: "Take care of yourself, take care of each other, take care of this place!"

Rights and Responsibilities

I have the **RIGHT** to learn in this School.

It is my **RESPONSIBILITY** to follow instructions, remain on task, and not interfere with the learning of others.

I have the **RIGHT** to hear and be heard.

It is my **RESPONSIBILITY** to not talk or make noises when others are speaking.

I have the **RIGHT** to be treated with respect in this school.

It is my **RESPONSIBILITY** to treat all others with respect.

I have the **RIGHT** to be safe from physical and verbal violence in this school.

It is my **RESPONSIBILITY** not to physically or verbally harm anyone else.

I have the **RIGHT** to privacy and to my own personal space.

It is my **RESPONSIBILITY** to respect the personal space and property of others and to accept their right to privacy.

Acceptable Conduct

Responsible behaviour looks like this:

On the playground:

- Include others
- Play safely
- Hands and feet to yourself
- Kind and suitable words

In the hallway:

- Walk and stay to the right
- Use a whisper voice
- Hands and feet to yourself

In the classroom:

- Listen carefully to others
- Work hard to do your best
- Never interfere with other people's learning
- Move safely
- Respect the property and space of others
- Use kind and suitable words

At lunchtime in the classroom:

- Stay seated at your desk
- Eat only your own lunch
- Eat all of your lunch and clean up any mess that you make
- Use 'indoor' voices when speaking
- Kind and suitable words
- Hands and feet to self
- Dismiss yourself when the bell rings

In the washroom:

- Flush the toilet
- Wash your hands (with soap)
- Report any problems to an adult

Graduate? Upgrade? Learn English? New Career?



The road to success starts here.

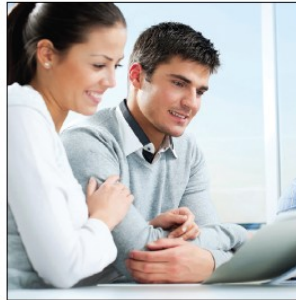
English Language Learning

High School Credit

Business, Careers & Job Skills



Need to Improve Your English?



Want to Graduate?
Need to Improve Your Marks?



Looking for a New Career?
Improve Your Job Skills?



New to Canada?

Montgomery Centre
380 Montgomery St., Coquitlam
604.936.4261

Millside Centre
1432 Brunette Ave., Coquitlam
604.936.4285

Vanier Centre
1600 King Albert Ave., Coquitlam
604.945.7311

**Coquitlam Learning
Opportunity Centre (CLOC)**
104-2748 Lougheed Hwy., Port Coquitlam
604.945.4211

Night School Location
1195 Lansdown Dr., Coquitlam
604.464.5793

For All Your Adult Learning Needs

Register online or by phone today!

www.ce43.com

604.936.4261



GRADE 5 GET ACTIVE PASS

The Grade 5 Get Active! pass provides free admissions throughout the school year to all drop-in activities. Passes are **valid until September 3, 2018**. Please keep the Grade 5 Get Active! pass safe; if the pass is lost or damaged, replacement cards are available at a nominal fee of \$5.

To receive a Grade 5 Get Active! pass, please bring the following documentation to one of the facilities listed below:

- A letter of verification from School District 43 from the school's administration (not a teacher) identifying the applicant as a Grade 5 student.
- Birth certificate or Care Card showing the student's age as of December 31, 2017.
- Proof of Coquitlam residency ie. Phone, Hydro, Cable, Gas bill or Property Tax Notice. **(Note: Driver's license, Care cards and PO Boxes are not acceptable as proof of residency.)**
-
- Your child - to have their picture taken

Bring the above documentation to one of the following locations:

- Poirier Sport & Leisure Complex - 633 Poirier Street
- City Centre Aquatic Complex - 1210 Pinetree Way
- Pinetree Community Centre - 1260 Pinetree Way

For more information call:

Phone: 604-927-4386

Email: PRCS_info@coquitlam.ca

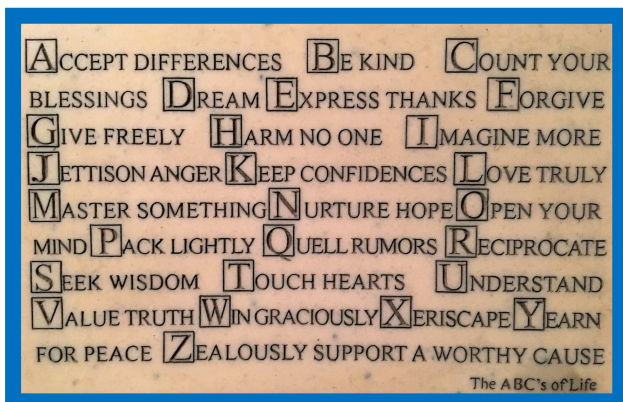
Kelly Fenton | City of Coquitlam | Recreation Leader Community Services

T: 604.927.6743 | **E:** kfenton@coquitlam.ca

'Children...Learn What They Live'

If a child lives with criticism,
he/she learns to condemn.
If a child lives with hostility,
he/she learns to fight.
If a child lives with ridicule,
he/she learns to be shy.
If a child lives with shame,
he/she learns to feel guilty.
If a child lives with tolerance,
he/she learns to be patient.
If a child lives with encouragement,
he/she learns confidence.
If a child lives with praise,
he/she learns to appreciate.
If a child lives with fairness,
he/she learns justice.
If a child lives with security,
he/she learns to have faith.
If a child lives with approval,
he/she learns to like himself/herself.
If a child lives with acceptance and
friendship,
he/she learns to find love in the world.

Author Unknown



'What All Children Want Their Parents to Know...'

Teach me to love and care for myself
Through your positive example.
I will learn much more from what you do
Than from anything you could ever say.

Notice me often,
And take joy in my existence,
So that I may grow up to feel special
And know that I am loved.

Listen to me
With an open ear and a loving heart
So that I learn to understand my feelings
And trust that my needs will be heard.

Play with me often.
Let down your guard and be carefree.
The memories will last long,
And our connection even longer.

Focus on what I'm doing right,
And tell me when you appreciate me,
So that I learn to feel worthy
And motivated to do even more.

Tell me more about your life,
Your hopes, dreams, and successes,
So that I can come to know you as a person
And can call you my friend
As well as my parent.

1996 Julia Loomans and her daughter Diane Loomans